



## Why Do Clients Rave About Our Learn-To-Swim Program?

(1) Through a *nationwide swim school system* featuring thoroughly prepared Program Directors and well-trained coaches, SwimAmerica™ offers Learn-to-Swim programs for:

*pre-school children (6 months to 5 yrs)*  
*school aged children*  
*teenagers and adults*

(2) Swim coaches know what it takes to be relaxed and efficient in the water. **Each coach is an aquatic expert** because they know what the end product looks like... *they are around good swimming every day in practices.*

(3) Swim Fitness Center believes that *small classes* permit students to maximize their time in the water with the coach. Our ratio never exceeds 4 students to 1 coach.

(4) **Warm water** allows young and older students to enjoy their class experience. Our water temperature is usually 89 to 90 degrees.

(5) Time is valuable and with small children, very little time seems to be available. Swim Fitness Center makes every attempt to *match your child to a schedule that fits your day* while keeping with our policy of keeping similarly aged and skilled children together.

(6) *A progression of Swim Lessons to the professional year-round, competitive Jersey Gators,* training at Blairstown, Cranford, and Asbury Park.

### Swim Fitness Center also offers:

Pre-Natal/Post-Partum classes  
Water Walking Sessions  
Cardio  
Arthritis

Lifeguarding  
Water Safety Instructor  
First Aid  
CPR

**CALL TODAY TO REGISTER or STOP IN**

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